

**RUGBY NOVA SCOTIA  
Drug Free Environment Policy**

**1. BACKGROUND**

- 1.1 In accordance with the International Rugby Football Board (IRFB) Resolution 5.7, 'All players participating in the game of Rugby may at any time be subject to a drug test.' For a list of banned, restricted and permitted substances, please contact the Rugby NS office.
- 1.2 The provincial government had endorsed an Anti-Doping program for all NS athletes.

**2. PURPOSE**

- 2.1 The purpose of this document is to clearly inform all Rugby NS athletes, coaches, staff and members of Rugby NS on the Rugby NS Drug Free Environment Policy.

**3. DEFINITION OF DOPING**

- 3.1 Rugby NS accepts the following as a definition of "doping":  
"The intentional or inadvertent use, by whatever means, by an athlete of a substance or procedure in order to enhance athletic performance before or during a competition is deemed to be doping." (Sport Medicine Council of Canada - SMCC)

**4. RUGBY NS POSITION STATEMENT**

- 4.1 Rugby NS is opposed on ethical, medical and legal grounds, to the practice of "doping" in sport and fully supports the position of Sport Canada, the Canadian Olympic Association, the International Olympic Committee, the IRFB and the Canadian Rugby Union regarding the use of banned substances.
- 4.2 The use, possession or trafficking of banned substances or procedure; the encouragement or counseling to use banned substances or procedure; or taking measures to mask detection of banned substances or procedure by any member of, or person associated with, Rugby NS is unacceptable and constitutes a doping violation.
- 4.3 This policy covers all Rugby NS members, coaching staff, administration staff, medical support personnel and others associated with the Rugby NS operation.